

phone: 456-2748



thestudioyukon@gmail.com

Session 3 Classes from Monday, March 29th - Sunday, May 9th (No classes Easter Weekend April 2-5)

**ALL IN PERSON CLASSES 45 MINUTES (UNLESS NOTED OTHERWISE) - ALL ONLINE CLASSES 55 MINUTES.
MORE CLASSES CAN BE ADDED.**

Not comfortable coming to the Studio? Contact Ann directly @ 332-2748 to discuss alternate arrangements.

Like us on Facebook to stay informed of upcoming workshops, class schedules and much, much more. [f/studioyukon](https://www.facebook.com/studioyukon)

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
9:00 am		Senior's Apparatus Penny K Level 2+ \$165 FULL	Online Pilates Ann ML \$100 NEW	Apparatus Rebel Level 2 \$82.50 Senior's Matwork & Springs Penny K Level 2+ \$100 FULL	
10:00 am	Apparatus Ann ML \$110 FULL	Senior's Apparatus Penny K Level 2 \$165 FULL	Total Pilates Kelly Level 1/2 \$165	Senior's Matwork & Springs Penny K Level 2 \$100 FULL	
11:00 am	Apparatus Ann Level 2 \$110 FULL	Apparatus Penny K Level 2 \$165 FULL		Matwork & Springs Penny K ML \$100 FULL	Apparatus Ann Level 2 \$82.50
12:00 pm	Apparatus Ann Level 2/3 \$110 FULL	12:10pm Lunchtime Apparatus Ann Level 2 \$165 FULL	12:10pm Lunchtime Athletic Pilates Lorraine Level 2/3 \$120 NEW	12:10pm Lunchtime Apparatus Rebel Level 2 \$137.50 FULL	Lunchtime Apparatus for Beginners Ann Level 1 \$82.50 NEW
4:30 pm			Apparatus Olive Level 1/2 \$137.50 FULL NEW		
5:00 pm	Pilates Fusion Penny P ML \$112.50 FULL	5:30pm Apparatus Olive Level 1/2 \$137.50 FULL NEW	Pilates Fusion Penny P ML \$112.50 FULL		SATURDAY 10:00 am - 11:15 am Athletic Stretch Pilates Lorraine Level 2/3 \$150
5:30 pm		Athletic Pilates Lorraine Level 2/3 \$240 FULL	Apparatus Olive Level 1/2 \$137.50 FULL NEW	Apparatus Rebel Level 2 \$82.50 Athletic Pilates Lorraine Level 2/3 FULL	
6:30 pm	Pilates au Sol Lorraine Level 2/3 \$100			Apparatus Rebel Level 2/3 \$82.50 FULL	SUNDAY 1:30 pm Total Pilates Kelly Level 1/2 \$110
7:30 pm		Apparatus Rebel ML \$137.50 FULL		Matwork & Springs Rebel Level 2/3 \$100	

All classes with Ann & Penny K are 10% off for those over 60

 **Classes with a blue highlight are online**

 **Classes with a purple highlight are twice a week**