

ALL CLIENTS ATTENDING CLASSES MUST BE VACCINATED AGAINST COVID-19

**Session 8 Classes from Monday, November 15th
- Sunday, December 19th**

ALL CLASSES ARE 55 MINUTES (UNLESS NOTED OTHERWISE)

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	SATURDAY
9:00 am		Apparatus Penny K Level 2+ \$137.50		Matwork & Springs Penny K Level 2+ \$112.50	
10:00 am		Apparatus Penny K Level 2 \$137.50	Total Pilates Kelly Level 1/2 \$137.50	Matwork & Springs Penny K Level 2+ \$112.50	
11:00 am		Apparatus Penny K Level 2 \$137.50	Total Pilates Kelly Level 1/2 \$137.50	Matwork & Springs Penny K Level 2+ \$112.50	Athletic Stretch Lorraine Level 2/3 \$112.50
12:00 pm	12:10pm Lunchtime Athletic Pilates Lorraine Level 2-3 \$90 50 minutes	Lunchtime Apparatus Rebel Level 2 \$110 55 minutes	12:10pm Lunchtime Athletic Pilates Lorraine Level 2-3 \$112.50 50 minutes	Lunchtime Apparatus Rebel Level 2 \$82.50 55 minutes	
4:30 pm	Pilates Fusion Penny P ML \$112.50		Pilates Fusion Penny P ML \$112.50		
5:30 pm		Athletic Pilates Lorraine Level 2/3 \$112.50		Athletic Pilates Lorraine Level 2/3 \$112.50	
		Apparatus Rebel Level 2/3 \$110		Apparatus Rebel Level 2 \$82.50	
6:30 pm		Matwork & Springs Rebel ML \$90		Matwork & Spring Rebel Level 2/3 \$67.50	
7:30 pm		Apparatus Rebel ML \$137.50		Matwork & Springs Rebel Level 2/3 \$67.50	

All classes with Penny K are 10% off for those over 60